

SEXUAL HEALTH INVENTORY FOR MEN (SHIM)

PATIENT INSTRUCTIONS

Sexual health is an important part of an individual's overall physical and emotional well-being. Erectile dysfunction, also known as impotence, is one type of very common medical conditions affecting sexual health. Fortunately, there are many different treatment options for erectile dysfunction. This questionnaire is designed to help you and your doctor identify if you may be experiencing erectile dysfunction. If you are, you may choose to discuss treatment options with your doctor.

Each question has several possible responses. Choose the number of the response that best describes your own situation. Please be sure that you select one and only one response for each question.

Over the past 6 months:

Did not attempt

intercourse

Almost Never

or never

5
ery High
ugh for
5
Almost always
ou had

4. During sexual intercourse	how difficult was it to	maintain vour erection	to completion of intercourse?

Sometimes

1/2 the time

F) Combination of treatments:

Most times

more than 1/2

Almost

always

0	1	2	3	4	5
Did not attempt	Extremely	Very	Difficult	Slightly	Not
intercourse	difficult	difficult		difficult	difficult

5. When you attempted sexual intercourse, how often was it satisfactory for you?

A few times

less than 1/2

0	1	2	3	4	5
Did not attempt	Almost Never	A few times	Sometimes	Most times	Almost
intercourse	or never	less than 1/2	1/2 the time	more than 1/2	always

6. If you require assistance for vaginal penetration what form of assistance do you use?

A) No assistance required	B) Vacuum constrictor device (i.e. Osbon)
C) Oral Medication (i.e. Viagra)	D) Infraurethral medication (i.e. Muse)

E) Penile Injections (i.e. Caverject)